

Remote Learning Physical Education Syllabus

Class Format

We will be using Google Classroom. All students were personally invited to their physical education classes by their teacher. Students should accept the invitation ASAP and invite their parents/ guardians. All communication including the links for our Google Meets will be posted in Google Classroom while we are in the virtual only learning format.

Classwork

Each week, **students are required to do 3 assignments and meet virtually** during their assigned class time as per the fully remote schedule. The assignments will be posted weekly on google classroom. The assignments are as follows:

- A physical activity log including 5 assigned exercises to be performed and reported on by the students.
- A summary and reaction to a health related article found by the student on a reliable internet source.
- A physical activity log including an assigned warm up and student choice fitness activity(ies) to be performed and and reported on by the students.

Each assignment has an attached google doc that students will complete and turn in. **Be sure to click turn-in on top right of each assignment.**

All 3 assignments will be due by Friday (last day of class for that week) by 2:30.

Attendance

You must log into the Google Meet **ON TIME** in order to get credit for class attendance. You must remain in the meeting for the duration of the class.

Google Classroom/ Google Meet Rules and Expectations

- You must be visible the entire time. **(video camera must be on)**
- **You must be muted unless permitted to speak.**
- All school rules are in effect. (must be dressed properly, no foul language, no disrespectful behavior)
- Google Meet chat rooms and all Classroom posts' must be school appropriate.
- When the meeting is done, you must leave the meeting or your teacher will log you off.
- NO VIDEOING OR RECORDING THE MEETING.
- NO cell phone use during the meeting.

Teacher/ Student Communication

Students can communicate with their teacher via email or commenting in google classroom. Keep in mind that if you comment on the stream, everyone will see it *including school administration*. E-mails will be responded to during school hours.

Medically Excused

If you become ill or you are medically unable to do any type of physical activity, you must email a picture of a doctor's note to your teacher. A parent or guardian note IS NOT acceptable. You will have an alternative assignment in lieu of doing physical activities.

Grading Criteria

- Each assignment will be based on 100 points **(3 per week)**
- Grading is done using a rubric based on 100 points per assignment
(If you receive a 100, the rubric will not be used)
- Rubric will be attached to each assignment

Late Assignments

The district's late policy is as follows:

- 1 day late - 25% off of earned grade
- 2 days late - 50% off of earned grade
- **NO WORK WILL BE ACCEPTED AFTER 2 DAYS LATE**

NOTE: Exceptions to be made for IEP/ 504 plans or personal extenuating circumstances