
Absegami High School
Health Class PE3
Mr. Malecki
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Course Description:

This course is designed to promote health awareness and prevention skills to all students. The class will highlight the eight dimensions of health which include physical, mental, emotional, and social health. Additionally, the course will include information on achieving a lifelong pursuit of wellness for each individual.

Required Texts and Supplies:

- Each student will need to join the Google Classroom to keep up to date with assignments. See teacher for the code.
- All work and materials will be provided virtually to students via Google Classroom.

Grading:

Tests, Papers, Projects, Quizzes - 50%

Daily Assignments - 40%

Progress Assessment - 10%

*Any work turned in late will not receive full credit.

**Due dates are assigned on Google Classroom.

***You can always turn in any work up until the end of the trimester.

Policies:

1. You are expected to keep up to date with class activities through Google Classroom.
2. Any student that needs extra help can set up a day and time to meet virtually before or after school.
3. Failure to comply with class rules will result in detentions, write ups, etc.
4. Make sure you follow District policy pertaining to virtual learning.
 - a. Dress and act appropriately as if we were in a classroom.
 - b. Choose a private work space when possible.
 - c. Your workspace should be free of distractions and inappropriate/offensive signs or statements.

Units of Study:

Dating violence and cyberbullying; Dangers of sexting; First Aid and Safety; Nutrition